

Three Generations of Successful Magnetic Healers



DR. PAUL CASTER, Ottumwa, Iowa Died April, 1881



DR. J. S. CASTER, Burlington, Iowa Died July, 1914



DR. CHAS. E. CASTER, Burlington, Iowa

Dr. Chas. E. Caster, Office, 221-222 Tama Bldg., Burlington, Ia.



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Chronology of Charles E. Caster, D.C. & Family

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Year/Volume Index to the Journal of the National Chiropractic Association (1949-1963), formerly National Chiropractic Journal (1939-1948), formerly The Chiropractic Journal (1933-1938), formerly Journal of the International Chiropractic Congress (1931-1932) and Journal of the National Chiropractic Association (1930-1932):

Year	Vol.	Year	Vol.	Year	Vol.	Year	Vol.
		1941	10	1951	21	1961	31
		1942	11	1952	22	1962	32
1933	1	1943	12	1953	23	1963	33
1934	3	1944	14	1954	24		
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1936	5	1946	16	1956	26		
1937	6	1947	17	1957	27		
1938	7	1948	18	1958	28		
1939	8	1949	19	1959	29		
1940	9	1950	20	1960	30		

1870: autobiography by Paul Caster (*Life and Practice of Dr. Paul Caster*) indicates he is located in Ottumwa lowa (Caster, 1870; Palmer Archives?; in my Magnetism folder)

1874: Andrew T Still "flings to the breeze the banner of osteopathy"; item in *Fountain Head News* (1924 (Sept 13); 14(2):13) notes:

Interesting History

An extract from the history of Wapello County, Vol. 1, page 238, Harrison L Waterman, supervising editor, 1914.

As a matter of history it might be well to state by way of parentheses that Dr. Andrew T. Still, founder of the Osteopathic college at Kirksville, Mo. was one of Dr. (Paul) Caster's patients. It was soon discovered that Dr. Still possessed the same magnetic virtues as Dr. Paul, who advised Dr. Still to start in the practice, and shortly thereafter he began treating patients according to his preceptor's system. He finally founded the school at Kirksville, which now has the national reputation as the leading college of Osteopathy in the country.

Additional information: Dr. Still first considered locating his school at Bloomington, Iowa, but he found there was another sanatorium there, so decided on Kirksville, Mo.

1915 (Oct 9): *Fountain Head News* (4[33]) includes: -mentions Caster the magnetic healer (p. 2)

PHOTOGRAPH



Front row, L to R: "A.V. Coble of Woodbine, president and candidate for re-election; L.M. Rogers of Webster City, candidate for president; H.A. Reiners of West Union, running for director from the northeastern division; Charles E. Caster of Burlington, secretary and candidate for re-election. In the rear row, they are, left to right: L.L. Dolson of Cedar Rapids, running for director from the east central division; C.H. McClure of Rock Rapids, candidate for vice president; E.L. Michaelson of Glenwood, candidate for vice president, and Jerry Bruner of Des Moines, candidate for secretary"; from *The Hawkeye Chiropractor* 1927 (Dec); 3(1): 7; Charles E. Caster, D.C. is Editor of *The Hawkeye Chiropractor*



"Leaders of the Iowa Chiropractors association opened the organization's annual convention here this morning. Among early arrivals were: Helen L. Hamilton, asistant secretary, and C.E. Caster, Burlington, secretary; R.L. Sheeler, Council Bluffs, vice president, and A.V. Coble, Woodbine, president." *The Hawkeye Chiropractor* 1927 (Dec); 3(1): 10; C.E. Caster is Editor of the *The Hawkeye Chiropractor*

1939 (Dec 1): letter from Cash Asher, Public Relations Director for the CHB, to CS Cleveland; John H. Stoke DC, PhC of

Roanoke VA and **Charles E. Caster**, D.C., Ph.C. of 203 Kresge Bldg, Burlington IA are on the **ICA Board of Control** (Cleveland papers, CCC/KC)

- 1942 (Sept): *The Chiropractor* [38(9)]: includes (from Cleveland papers, CCC/KC; in my Palmer box) many articles about the war, also:
- -Radio Directory of chiropractic broadcasts, including those of Charles E. Caster DC who speaks on Burlington IA's KBUR and J.N. Haldeman at 614 Broder Bldg., Regina, Sask., who speaks on Station CKCK on Wednesdays at 4:15 PM (pp. 25-6)

1951 (July): ICA Review (6[1]) includes:

-"I.C.A. celebrates silver anniversary" (p. 4) notes that **Charles E. Caster** DC was a member of the first Board of Control of the Chiropractic Health Bureau (CHB), later the ICA

1951 (Sept): ICA Review (6[3]) includes:

-"A Tribute" (p. 8) notes that **Charles E. Caster** DC was a member of the first Board of Control of the Chiropractic Health Bureau (CHB), later the ICA

1953 (Nov): *ICA Review* (8[5]) includes:

-"Laymen's Page: They said they were crazy" by **Charles E. Caster** DC, PhC; editor notes that "Dr. Caster is adviser for International Chiropractic Laymen's Society No. 2 of Iowa, located in Burlington. This article shows the Chiropractors viewpoint of the I.C.L.S. and its work." (pp. 14, 32):

THEY SAID THEY WERE CRAZY

When Alexander Graham Bell talked to someone in another building by means of a wire, people said he was crazy. When some men put a cable under the Hudson River for a telegraph line to Washington, people said they were crazy and were going to put them in an asylum. Such great people would have been committed to mental institutions had it not been for two things: they had the conviction that they were doing the right thing and they had the fortituted to carry on in spite of those who told them, "It can't be done," simply because those critics, themselves, could not understand, could not envision it.

Starting a laymen's society is no different. There are several essentials. You must, yourself, be sold on the idea, know that it has worked for others and will work for you. You must have the fortitude to carry through that which you start...even if people tell you that you're crazy. You must be big enough to carry through the layman's idea - a Laymen's Society is a laymen's job, not yours; they, not you, must run the show.

You are the adviser to the organization. Don't *tell* the laymen what to do...*suggest* to them what to do and how to do it. Watch closely to see that everything you do is in line with their objectives. Don't veto their ideas...suggest alternatives. Be firm...but be gentle. Such a policy produces results. I know from my many years experience with laymen's groups.

There is one thing any American will not put up with and that is being told that he *can't* do something. Do't say, "I can'g get started." And don't let your laymen say, "We *can't* do anything." Capitalize on this trait of Americans...make them prove tht they *can*.

The first step is to get a group of your key patients together at your office. Don't preach, don't lecture, but instead talk to them as friends, as one man to another, and then ask them:

"How would you like to be deprived of the right to go to a Chiropractor? There are forces at work right now to try to take that right away from you, that is why we are here tonight. If you were taken to a hospital you would be deprived of the right to Chiropractic care. Laws are being considered to compel you to be vaccinated, inoculated and to use your school children for experimentation with new drugs, even though some of them - perhaps your own - will be rendered cripples or even killed."

The reaction from your patients will probably be something like this: "What can we do about it? We are only a few."

Well, who makes compulsory laws? Elected representatives. Who elects such representatives? You do. If there are but 25 in your group, each one can influence at least 10 votes - that totals 250. That is 250 probably added to those who would vote on your side already. If you have 100 laymen you could have well over 1000 votes lined up. Such power, rightly used, can keep compulsion out of the laws of our country, states and cities.

Remember, fire spreads and so will this spark which you kindle in your laymen spread. They will take that spark and build it into a flaming torch and carry it on. Your real job, as adviser to the Society, will be to keep your members, in their enthusiasm, from letting the fire get out of control...you must keep them at the right job, see that they use their fire to light the way, not to start a conflagration.

Do not start on too wide a scale. It is better to have a small beginning with steady growth than an impressive start which will dwindle to nothingness. Remember, too, that your officers must grow, must become acquainted with their jobs, gain experience in conducting meetings, learn to plan enjoyable and entertaining as well as fruitful meetings, and most of all, learn to work together. All this takes time...but it can be done.

Great men have been called "madmen" in their time...but they have proven themselves. You can do the same for Chiropractic by organizing a unit of the international Chiropractic Laymen's Socity...be the spark that kindles men to action.

1981 (Oct 8): letter to Glenda Wiese MA from Cynthia Short, 682 32nd St, Des Moines IA 50312 (H: 515-279-8130; O: 515-226-9001); Ms. Short is Paul Caster's great-great granddaughter; she reports:

...Jacob Sylveseter Caster, born in 1860, was one of Dr. Paul's sons, the only who was reported to have his fther's gift of magnetic healing.

As an aside, J.S. Caster carried on the magnetic healing business in Burlington IA, starting in 1889. He was elected as mayor of Burlington in 1904. One of his patients was Iowa Governor and Senator John Gear, who attracted several political friends to Dr. J.S. Caster's practice. I hope to send you a copy of the obituary of Dr. J.S., contained in the *Burlington Hawkeye*, dated July 12, 1914 (he was also elected President of the Iowa League of Municipalities in 1905).

Dr. J.S. had a son, **Charles E. Caster**, D.C., who graduated from Palmer College, and practiced in Burlington, IA. I do not know when Dr. Charles graduated from Palmer - he may have been one of the first students there. Is there a way to check through your College's records? Dr. Charles Caster was Secretary/Treasurer of the Iowa Chiropractors Association in 1926, when an annual convention was sponsored in Des Moines on November 14-15, 1926. I have reference to a section of the *Des Moines Sunday Register*, dated October 31, 1926, concerning chiropractic and this convention, with Dr. Charles pictured with Dr. B.J. Palmer and other Iowa chiropractors. mrs. Ludwig has a photo depicting the three generations of "magnetic" healers - Drs. Paul, J.S. and Charles E. Caster - which I hope to obtain and share with you, along with many interesting newpaper clippings on articles their healing practices. There may have been some close ties between the Palmer and Casters in those days.

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- Palmer DD (Ed.): *The Chiropractic* 1902; Number 29 (Palmer College Archives)

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Page 30: 1860 Census return



PRESS OF CONAWAY & SHAW DES MOINES

Biographies and Portraits

Progressive Men of Jowa

Leaders in Business, Politics and the Professions

AN ORIGINAL AND AUTHENTIC

History of the State

... BY ...

Ez-Lieutenant-Governor B. J. Gue

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and wrote the report condemning the foundation of the capitol, which was taken out and rebullt for the present capitol. He was also on the special committee to devise methods for protecting funds in state and county treasuries from defalcation. He was also the means of getting a law passed limiting the powers of corporations: to authorize suing in local courts on insurance policies in case of loss, and many other laws still in force. His first case in the supreme court was that of Sende s. delans County. The case was won by him and is still a leading case in tax questions, reported in the Eleventh lows report.

Mr. Davis has been twice married, and is the father of six children. The eldest, Lillian D., is the wife of Rev. Howard H. Russell, of Delaware, Ohio; Avanelle is the wife of Grover C. Gray, a banker of Montpelier, Idaho; Frederick, died in infancy, 1897; Edith Estelle, Joseph Simpson, and Francis Marion, Jr., all minors,

live at home in Corning.

Mr. Davis was a member of the Methodist church from 1857 to 1876, but since that time has been a Congregationalist. Aside from his law practice, be is also quite extensively engaged in farming and stockraising.

CASTER, Dz. PAUL, was born in Heary county, Ind., April 30, 1827, and lived there with his parents until he was 14 years of age. About this time occurred the death of his mother, which sad event resulted in young Paul's leaving home and going to Eikhart county, Ind., where he wandered from place to place homeless and friehdless. He had a serious impediment in his speech, and some mental peculiarities which prevented him from receiving an education in the usual way and threw him entirely upon his own resources men-

In the year 1848 he married Nancy Hatfield, a farmer's daughter. They lived on a farm for three years, when he engaged in the manufacture of chairs, wheels and hube, in which basiness he was very soccessful for two years, when he met with a serious accident, while carrying one end of a heavy log his foot slipped on the ice and he fell, the log falling across his chest. This accident rendered him an invalid for some nine years, and he never entirely recovered from its results. Five children were born to Dr. Paul Caster and his wife: Mary Ann, John Lewis, Samuel, Sarah E., and Jacob S., now a noted magnetic besier in Burlington, Iowa. Dr. Paul Caster removed to Decatur county, Iowa, in 1855. His wife died in 1863, and in 1864 he married Mrs. Sarah Ferrell, of Decatur county, who still servives him. To them were born four children: Margaret E., George William, Ella and Nettie.

Dr. Paul Caster, from childbood, possessed a wonderful magnetic power to heal. His first patient was a little playmate, who had what had been pronounced a cancer on her breast. One day while playing she became over-heated and suffered greatly. Little Paul felt that he could take away



the pain, and he was successful. The child's parents constituted him her physician until the sore healed. The little girl lived to womanhood, and raised a large family, and this was so early in life that the doctor did not remember his exact age: and his history shows that he continued to heal patients at various times until in 1866 he commenced his public career as a healer in Leon, Decatur county, Iowa. In 1869 he removed to Ottamwa, Iowa, where he remained until his death, April 19, 1881. Dr. Caster commenced the erection of his magnetic infirmary at Ottumwa in 1871 and completed it as it now stands in 1875. In 1877-78 he built his private residence adjoining the infirmary. These buildings

were erected at a cost of \$78,000, and stand to-day as a monument to the marvelous success attained by only fourteen years of practice in a profession that at that time was looked upon with great disfavor by the majority—especially of western people. Nevertheless he achieved a reputation second to no other magnetic healer known, and which still remains fresh in the minds of not only the people of Iowa, but of many throughout the United States, as he treated patients from almost every state in the union.

Dr. Paul Caster was a firm believer in He also believed that his the deity. strange power was a divine gift and, unlike some of our late healers, he did not believe that it could be taught another, but must come to each one from the same high source. Before his death he became firmly convinced that his son Jacob possessed the same power, and urged him upon his deathbed to take up the work where he was compelled to lay it down, predicting that in so doing alone would lie his future success in His son, in 1889, carried out his father's wishes by engaging in the work as a public healer and is carrying it forward in a manner, not only creditable to himself, but also to the reputation of his noted father, Dr. Paul Caster.

CASTER, Dr. Jacon S., is a son of the late Dr. Paul Caster, of Ottumwa, and is a native of Decatur county, Iowa. When quite young be became associated with his father in his work in various ways. In 1874 he took charge of the engine in the heating department of his father's large infirmary, which resulted in giving him a taste for machinery that greatly influenced his after life. In 1878 he was made supertendent of the infirmary, which brought him in still closer contact with his father, and probably accounts for much of his subsequent success. He was married March 23, 1880, to Miss Mary E. Biederman, of Ottumwa, and in August of that year resigned his position as superintendent of the infirmary to engage in other business. For a short time he was employed as a machinist in the Chicago, Burlington & Quincy round house at Creston, and in November, 1881, removed to Burlington, lows, where he was employed as a muchinist by the same company. His father had urged him strongly to use the gift of healing, which he knew he possessed, but the son was prejudiced against it, and felt compelled to refuse his father's request. It was not until 1887, when out of sympathy for suffering friends, he treated several cases with such wonderful success, that his power became known. He was then sought after constantly by some sufferer, but according to a promise made his father, he received no pay until he came before the world publicly as a magnetic healer. In June, 1889, he received his first public patient. The following November he opened an infirmary, which soon proved too small to accommodate his patients and in June, 1891, he removed to larger quarters, and in November, 1894, to his present location on North Fourth street.



Dr. J. S. Caster has, like his father, had patients from nearly every state in the union and from more than 500 different cities.

He possesses a wonderful power of diagnosis, being able to accurately describe the patient's trouble, sometimes going back twenty years for causes long since forgotten by the sufferer, and this without asking a question.

He does not claim to be able to cure every case that presents itself, but his success has been something almost miraculous, as shown by the joyrid testimony of hundreds of patients, including many of the most prominent people of Burlington, as well as of the state, who have been permanently cured or have gained years of comparative health from his treatment, after being pronounced hopelessly incur-The doctor belongs to a number of secret societies, and originated and carried out a plan for "Secret Society Day "during the semi-centennial celebration in Burlington, in October, 1896, conducting a parade which contained nineteen different secret societies. He belongs to the Masons. Odd Fellows, A. O. U. W. and other orders. The doctor is a strong advocate of the principles of the republican party, and vigorously supports that organization. In 1896 he was elected alderman in a democratic ward, by a large majority.

Dr. and Mrs. Caster have three children living: Charles Edwin, born February 28, 1883; Mabel Rose, born May 25, 1887, and

Mary Blanche, born May 7, 1890.

HOOPES, WILLIAM HENRY, who originated the system of wholesale gardening on Muscatine island, and developed the wonderful resources of that fertile spot, is a son of Lindley Hoopes, who was married November 22, 1838, in Birmingham, Pa., to Miss Mary Addleman. The family came to Muscatine county from Pennsylvania in 1854. Lindley Hoopes was born in Chester county, Pa., in 1815, and his ancestors came from England with William Penn. They belonged to the Society of Friends, and Israel Hoopes, the first in this country, had sixteen sons. Lindley Hoopes was a builder in Pennsylvania and followed the carpenter's trade for a time after coming to Iowa. He is now engaged in farming and breeding borses, cattle and hogs in Lake township, Muscatine county. They are Methodists and strong temperance people, using their best efforts for the social and moral welfare of the country.

William H. Hoopes was born November 19, 1840, at Warrior's Mark, Huntingdon county, Pa., and was the oldest son in the family of nine children. His early education was under the tetership of Bishop John H. Vincent of Chautauqua fame. He afterwards attended school in Muscatine. When he attained his majority he left the farm and earned his own way through a two years' course in Greenwood academy, in Muscatine. He afterwards engaged in the building business, was principal of the First ward school in Muscatine two years, and for a number of years was in the grocery and pork packing business. In 1874 he commenced the Muscatine Island

gardening busicess, and with various partners has been engaged in that important enterprise ever since. He now has associated with him his two sons. They have 900 acres of isad under cultivation there and produce the finest sweet potatoes, melons, cabbages, peas, beans, tomatoes and onions. He also has a vegetable and dairy farm in St. Louis Park, one of the suburbs of Minneapolis. Dering his farming carser he has introduced many labor-saving implements. Among them is one which sets plants of all kinds and saves labor and expense. Outside of his own immediate business Mr. Hoopes has belpod



promote the organization of other industries, among them a canning factory, street railway, electric light plant, high bridge over the Mississippi river, and in real estate operations. In public affairs Mr. Hoopes has worked with the republican party on account of its championship of temperance principles, in which he is deeply interested and to which he has given much of his best efforts. He was elected alderman as a republican in a ward usually democratic, and helped to inaugurate some of the most important public improvements in Muscatine, including the building of Riverside Park, which turned an unsightly river front into a beautiful spot. He was

HEALING

Laying-on of Hands.

HEALING

BY

LAYING-ON OF HANDS.

BY

JAMES MACK.

'The smallest hurts sometimes increase and rage
More than all art of physic can assuage;
Sometimes the fury of the worst disease,
The hand, by gentle passes, will appease.'
Solon, translated by Stanley, 'Hist. Phil., 1666.'



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VIII .- PAUL CASTER, THE HEALER.

Mr. Warren Chase gives the following account of Paul Caster in the Banner of Light (Boston, Mass., U.S.) for February 5th, 1876:

'Among the signs of spiritual progress in Iowa is the wonderful work of this remarkable man in Otumwa. A few years ago he was an invalid, poor in person and pocket, in debt, out of health, and without education, and with an impediment in his speech, which still remains, and renders it difficult for him to talk so as to be understood. He evidently inherited some magnetic healing power, and was somewhat of a medium from his birth, as the many incidents published of his life

go to show, but he did not use this power, nor turn his gift, as he called it, to any practical use till the spirits restored his health and necessity drove him into it to support his family. Now he has two assistants, and they issue a monthly journal. He has built a large four-story brick house with ninety-eight rooms in it to accommodate patients, and yet is often obliged to send some to other places to board. He has a waggon load of crutches, canes, and various kinds of metallic skeletons* from which he has rescued his patients and sent them home without them. He has this house all furnished and paid for, and owns a large amount of real estate beside. His business during 1875, as footed up and published, was as follows: Receipts for treatment, \$16,262,70; for board, \$16,554,19; \$32,806,89, and this is the eighth year of his practice. For several years his advertising was nearly all done by his patients, and by words only, but now his "Health Journal" and circulars are added, and he has added baths and the movement cure to his establishment, but still the cures are nearly all from spirit aid and by magnetic treatment through his hands, in which he has a helper in a Dr. Fry. There has just been one of those cunning little tricksters by the name of Cook here exposing Spiritualism, to the edification and delight of the clergy, but he did not heal one sick person, although the opponents say he did all the Spiritualists do, nor did he show one sign of the intelligence on which we rely for a spiritual origin of our phenomena; but the cry of humbug alone is sufficient to delight the clergy, and this shows the slender thread on which they now hang their hopes. They have no faith in Caster unless they are sick, and then even the devil may cure them so they can preach again. One visit to Caster's rooms, and an hour spent in conversation with him, will give more proof of spirit-life and * Surgical appliances.

influence than all the clergy in the city can furnish in a year, and more than all the sleight-of-hand or tricks of charlatans can furnish when backed by the whole force of the pulpit.

'Otumwa, Iowa, January, 1876.'

IX.-A. S. HAYWARD.

The Banner of Light (Boston., Mass., U.S.) of July 22nd, 1876, contains the following paragraph respecting Mr. Hayward:

'Magnetism as a Curative Agent.

'Hon. Joshua Nye, United States Centennial Commissioner, writes as follows to A. S. Hayward, Magnetic Physician, of Boston, now located at 722, Fairmount Avenue, Philadelphia:

"Office of the United States Centennial Commission, Philadelphia, June 23rd, 1876.

" Dear Doctor,

"You cured me in twenty minutes time, after I had been on my back in agony for sixteen weeks without any relief. It was about eight years since, and I have had no return of rheumatism since."

X .- MRS. CARRIE E. S. TWING.

Mr. Thomas R. Hazard, in an article on 'The Allopaths and Druggists versus the Apostolic and Magnetic Healers,' in the Banner of Light (Boston, Mass., U.S.) for March 31st, 1877, says:

'It is only very recently that Mrs. Carrie E. S. Twing, of 41, Dover Street, Boston, told me that while she was a school-teacher in Greenfield, Erie County, Pennsylvania, about eleven years ago, a young girl named Addie Whitney had lain ill for some months, and finally, as was declared by her attending physicians,

WAPELLO COUNTY IOWA

HARRISON L'WATERMAN Supervising Editor

ILLUSTRATED

VOLUME I

CHICAGO
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1914

Since the opening of the institution there have been graduated about sixty nurses. The course of training at first was two years, but has been lengthened to three years.

The association is now working for endowment. It comes slowly, but is coming. It now has \$8,000 for this purpose. The first endowment, \$1,000, was received from Mrs. E. Tillotson, an aunt of Dr. Murdoch Bannister, and is a memorial to her father, Dr. William Murdoch. The income from this is to be used only to care for worthy women. Mrs. Johnson Utt left \$5,000 by will. Mrs. T. A. Fulton has given \$500, endowment for the perpetual maintenance of the Ann Mast Room, in memory of her mother, who was the first person to furnish a room in the hospital and for whom the room is named.

ST. JOSEPH'S HOSPITAL

In the year 1862, Father John Kreckel induced the Sisters of Visitation to come here from Keokuk and establish an academy. Soon thereafter the large brick structure on East Fourth Street was erected by them, where a boarding school or convent was established and maintained in the old home, until in the fall of 1913 a magnificent new academy was erected northeast of the city, to which this school was transferred.

Being ever alive to the local interests of the church, Father Kreckel was instrumental in the coming to Ottumwa in August, 1877, of the Sisters of Humility of Mary, then at St. Joseph, Missouri, the object of the order being among others, to establish hospitals. The sisters founded St. Joseph's and at once opened a sanitarium in a rented house, located on North Court Street, where it remained some years. Eventually the Sisters of Humility of Mary hought the convent building of the Sisters of Visitation and after expending about twelve thousand dollars on the property, in the way of remodeling and renovation, opened the doors of the building to the public on the 23d day of February, 1914. When built, in the early '60s, the building that is now St. Joseph's Hospital cost about thirty-five thousand dollars; the present value of the property is not far from seventy-five thousand dollars. The structure is a three-story brick with basement and has a long frontage on Fourth Street. The interior was rearranged for its new purposes and contains offices, waiting rooms, Your wards, dispensary, both rooms, dining rooms, and twenty-three private rooms for patients, these rooms being mostly furnished by individuals, societies or clubs, irrespective of creed. Sister Mary Peter is in charge of this splendid institution, and Sister Catherine Holehouse is superintendent of nurses.

A NOTED HEALER OF THE AFFLICTED

Dr. Paul Caster was born in Henry County, Indiana, April 30, 1827, and lived there with his parents until he was fourteen years of age. About

this time occurred the death of his mother, which sad event resulted in young Paul's leaving bome and going to Elkhart County, Indiana, where he wandered from place to place, homeless and friendless. He had a serious impediment in his speech, and some mental peutilizatities which prevented him from receiving an education in the usual way, that three him entirely most his own resources mentally.

In the year 1848 he snarried Nancy Hatfield, a farmer's daughter. They lived on a farm for three years, where he engaged in the manufacture of chairs, wheels and hubs; he was successful, but met with a serious accident while carrying one end of a heavy log, and was an invalid some nine years. Five children were born to Dr. Paul Caster and his wife: Mary Ann, John Lewis, Samuel, Sarah E., and Jacob S., now a neted magnetic healer in Butsington, Iowa. Dr. Paul Caster removed to Decatur County, Iowa, in 1855. His wife died in 1863, and in 1864 he married Mrs. Sarah Ferrell, of Decatur County, who still survives him. To them were born four children: Margaret E., George William, Ella and Nettie.

Dr. Paul Caster, from childhood, possessed a wonderful magnetic power to beal. His first patient was a little playmate, who had what had been pronounced a cancer on her breast. One day while playing she became overheated and suffered greatly. Little Paul felt that he could take away the pain, and was successful. The child's parents made him her physician until the sore healed. The little girl lived to womanhood and raised a large family. This was so early in life that the doctor did not remember his exact age; and his history shows that he continued to heal patients ut various times until 1866, when he commenced his public career as a healer in Leon. Decatur County, Jowa. In 1869 he removed to Ottumwa, Jowa, where he remained until his death, April 19, 1881. Dr. Caster commenced the erection of his magnetic infirmary at Ottumwa in 1871 and completed it as it now stands in 1875. In 1877-78 he built a residence adjoining the infirmary. These huildings were erected at a cost of \$78,000, and stand today as a monument to the marvelous success attained by fourteen years of practice in a profession that at that time was looked upon with great disfavor by the majority-especially of western people. Nevertheless, he achieved a reputation second to no other magnetic healer known, and which still remains fresh in the minds of not only the people of Iowa, but of many throughout the United States, as he treated patients from almost every state in the Union.

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it down, predicting that in so doing alone would lie his future success in life. His son in 1889, carried out his father's wishes by engaging in the work as a public healer and is carrying it forward at Burlington in a manner not only creditable to himself, but also to the reputation of his noted father.

As a matter of history it might be well to state, by way of parenthesis, that Dr. Andrew T. Still, founder of the osteopathic college at Kirks-ville, Missouri, was one of Doctor Caster's patients. It was soon discovered that Dr. Still possessed the same magnetic virtue as "Doctor Paul," and the latter advised Doctor Still to start in the practice and, shortly thereafter, began treating patients according to his preceptor's system and finally started the school in Kirksville, Missouri, which now has a national reputation as the leading college of osteopathy in this country.

THE HOME FINDING ASSOCIATION

The American Home Firsting Association had its beginning twelve years ago before it was organized. On stormy night a pale-faced woman was pacing the floor of a depot, waiting a belated train, and trying to quiet a large, fretful haby. A minister, who with his wife, was also waiting, took and cared for the baby for two hours, while the weary woman sat and talked with the clergyman's wife, telling her that the child was motherless and that she was taking it to an orphans' home. Eight years passed; every one who came to that minister's church in the name of orphan children received hearty co-operation. Finally, the minister came to feel it was his turn to take a part in helping children who could not help themselves. He gave up his pastorate and came to the City of Ottumwa, began work with the society, whose representative he had assisted so many years before, and which had started his thoughts toward the work of childsaving. After laboring for four and a half years with the above named society, the need became manifest for a larger work, and the American Home Finding Association was incorporated July 26, 1800, with the following named gentlemen as incorporators; Judge M. A. Roberts, Maj. Sumsel Mahon, J. B. Sax, Hon, W. A. McIntire, Rev. Father John O'Farrel and Rev. U. B. Smith.

The work began July 1st, with Rev. U. B. Smith as superintendent. On that day came two children and Stoo to start the new institution in its grand undertaking. Since that day the association has never been out of either children or money, and credit never was refused; not a delt or claim ever has been presented that was not promptly paid, though once its account at the bank was overdrawn and at another period the home had but three cents in the bank. It was slow work.

of America

OTTUMWA

Michael W. Lemberger and Wilson J. Warren

ACKNOWLEDGMENTS

The photographs in this book are selected from the collection of Michael W. Lemberger, which have been assembled from many sources. Our thanks go to the photographers now deceased who gave their negatives and prints, including Lynn Lancey, Dick Hofmann, "Skinny" Nimocks, and Norm Hill, and to friends who tracked down collections and information and in some cases purchased photographs and negatives at auction, including Karl Hoff.

Without LeAnn Lemberger's bely, we could not have completed this book. LeAnn diligently face-checked and expertly edited the entire text and suggested several useful sources, in addition, she contacted several local experts on Crumawa's history for clarification or additional information.

I am grateful to Western Michigan University Library's Resource Sharing Center for efficiently providing me with several books I needed for references.

As always, my family, Jane, John, James, and Katherine, supported my interests and efforts and put up with my constant distractions.

-Wilson J. Warren

My thanks go to Sue Parrish, Molly Myers Naumann, Else Mae Cofer, St. Suzanne Wickenkamp, St. Donna Donovan, Ab Yochum, Junny Hemm, Pat Myers-Lock, Irene Weinberg, Bessie Ullman, Mike O'Hara, Betry Burdock, Bill Durer, Jerry Lee, and Bob Nandell; to the Wapello County Historical Society and Iowa State Historical Society for information and reference material; and to the Ottumwa Courier, whose news stories and historical articles from the 1890s to the present have been involuable. Dr. Loren Horton and Dr. Donald Woolley were both inspirations, insistent that this book must be written.

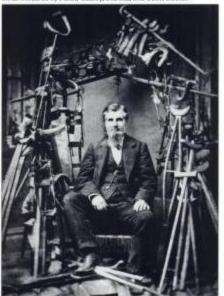
-Michael W. Lemberger

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Dis. CASTER'S HOTEL AND INSTRMARY. Dr. Caster's Horel and Informary was constructed in 1874 (left) and had new wings added to it in 1875 and 1876 (right). In 1894, he sold the property and it later became the first Ortumwa Hospital. After Ortumwa Hospital moved to Second Street, the building became an apartment house. The Caster family owned nearly the entite block bordered by Main, Cherry, Second, and Birch Streets.



Dit. Patt Carrie.
Although he had a limited education, Dr. Paul Caster became a well-known healer, and in the words of one historian was the most famous magnetic or subbing doctor fow has ever had. This studio portrait shows him with discarded crustches and carees that his patients apparently no longer needed.

OTTOMWA, IOWA

Long one of lowa's most important industrial cities, Ottumwa was established ton the banks of the Des Mones River in 1843. The river was both a blessing, providing transportation as well as tee for early measuresking plants, and a curse, internal of the city with periodic floods until it was tamed in the latter half of the 20th century. This collection of virtuge photographs highlights the city's industries and laboring people, the river's role in the shaping of the community, and Ottumwa's unique place in history as the location of the lowa Coal Palace and Industrial Exhibits of 1890 and 1891 and the Ottumwa Naval Air Station during the World War II era.

Michael W. Lemberger, a longitime resident of Ottumina, is an award-winning professional photographse and arrise who for more than 50 years has collected historic photographs. Most of the images as this book come from his pervate collections. Wilson J. Warren, an Ottumina native, is associate professor of history at Western Michigan University in Kalamanos. A labor historium with a special interest in form's undustrial history, Worren is the author of a book focused on Ottumina's insempacking history and a forthcoming book on the history of mentracking in the Midwest.

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Historical Perspectives

The Casters of Iowa: from Magnetic to Chiropractic



Joseph C. Keating Jr., PhD

hile it is fairly well known that D.D. Palmer's development of chiropractic was an outgrowth of his practice as a magnetic healer (Beck, 1991; Palmer, 1910, p. 111), it is less well known how the lives of the Palmers and the Caster family intertwined in the early years of this century. Palmer had been attracted to the field of "animal magnetism," a derivative of Anton Mesmer, MD's beliefs, through his readings in spiritualism, mysticism and the emerging science of biology, as popularized by Charles Darwin. Mesmer, whose 1776 doctoral dissertation at the University of Vienna was entitled "On the influence of the planets upon the human body by means of a magnetic force," had his ideas debunked by a panel of scientists led by Benjamin Franklin. Despite their findings that magnetic healing amounted to little more than the power of suggestion, Mesmer's methods became popular in Europe. By the mid-nineteenth century, magnetic healing had become popular in America, and the practice was even licensed in one or two

states. It would be Palmer's personal search for an understanding of how his magnetic methods helped his patients that led him

to his first theory of chiropractic (Keating, 1991).



Paul Caster

Iowa had a reputation for its magnetic practitioners. Paul Caster of Ottumwa, a distant relative of General George Custer and descendant from the original members of William Penn's colony, had operated a magnetic healing clinic and infirmary from 1869 until his death in 1881. Unschooled, fiercely religious and considered a giant at six feet, 10 inches tall, Caster believed his ability to heal was God-given. His infirmary provided treatment by magnetic and other drugless healers, and published a monthly magazine, *The Health Journal*. Caster traveled widely to teach and practice his methods. With the growth of the railroads in the

United States during the later half of the nineteenth century, his mobility increased dramatically, as did that of the patients who sought his care by journeying to Ottumwa for his ministrations. As Caster's reputation grew, he attracted a growing clientele of ailing individuals throughout the USA and Canada.

D.D. Palmer, who raised his family in several communities not too distant from Ottumwa, may have visited Dr. Caster at his 40-bed infirmary, although this is disputed. Certainly, Palmer would have been very aware of Paul Caster, and could have availed himself of this opportunity, had he chosen to. Palmer commenced his own magnetic practice in the river city of Burlington, Iowa in 1886, at which time he would have been in competition with Paul Caster's son, Jacob Sylvester Caster, who was born in 1860 and practiced part-time while working as a machinist for the Chicago, Burlington & Quincy



D.D. Palmer

Railroad Company. Palmer had relocated to Davenport, Iowa by 1887, where his practice expanded over the next nine years to an extent that rivaled Paul Caster's Ottumwa infirmary. Meanwhile, J.S. Caster gradually expanded into full-time magnetic practice at the urging of the many friends he had treated successfully. J.S. was very well respected in Burlington, and in 1904 was elected to the first of several terms as a Republican mayor of Burlington. He served in 1905 as president of the Iowa League of Municipalities.

J.S. Caster's son, Charles Edgar Caster, was born on May 27, 1879. He graduated from the Palmer School of Chiropractic sometime prior to 1918, established a practice in the American Bank Building in Burlington, and was licensed to practice chiropractic in

Iowa in 1921 (Jackson, 1995). He was joined in practice for a time by Helen

The Casters of Iowa: from Magnetic to Chiropractic

Cont'd from page 18

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Joseph C. Keating, Jr., Ph.D. E-mail: JCKeating@aol.com



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"Leaders of the Iowa Chiropractors Association opened the organization's annual convention here this morning. Among early arrivals were: Helen L. Hamilton, assistant secretary, and C.E. Caster, Burlington, secretary; R.L. Sheeler, Council Bluffs, vice president, and A.V. Coble, Woodbine, president." The Hawkeye Chiropractor 1927 (Dec); 3(1): 10

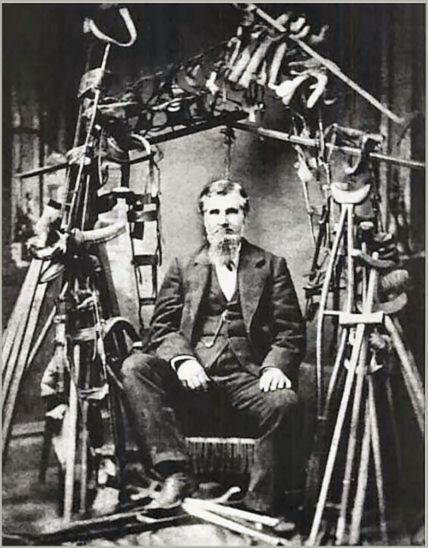
Iowa in 1921 (Jackson, 1995). He was joined in practice for a time by Helen Hamilton, DC. Dr. Caster was a founding member (date unknown) of the Iowa Chiropractors Association (Eleventh, 1927). C.E. Caster, DC was fiercely loyal to B.J. Palmer, DC. In 1918 he was among some 115 Palmer alumni who joined with "BJ," Sylva Ashworth, DC, James R. Drain, DC and James F. McGinnis, DC to organize the Chiropractors' Moving Picture Association (Fountain, 1918).

Caster served on the first Board of Control (and for many years thereafter) of the Chiropractic Health Bureau (today's International Chiropractors Association), which the younger Palmer organized following his unsuccessful re-election bid at the Universal Chiropractors Association's 1926

convention. At this time C.E. Caster was also serving as secretary-treasurer of the Iowa Chiropractors Association, and during 1926 through 1929 he was the editor of the monthly state journal, *The Hawkeye Chiropractor*. He worked strenuously to block passage of Iowa's basic science bill, which was finally enacted in 1935. In the 1940s Caster earned a local reputation for his chiropractic broadcasts on Burlington radio station KBUR (Radio, 1942). In the 1950s, Dr. Caster was active in the International Chiropractic Laymen's Society (Caster, 1953). He died on January 18, 1957 at the age of 77.

How C.E. Caster came to chiropractic is not known to this writer. But it is of interest that the Casters, like the Palmers, were magnetic healers in the nineteenth century and served in the leadership in chiropractic in the twentieth. As ever, further investigation is warranted.

Cont'd on page 34





DR. CASTER'S HOTEL AND INFIRMARY



1876 Dr. Caster's Hotel and Infirmary



THE GLENDON. Built in stages in the 1870s by Dr. Paul Caster, this building served as the Caster Hotel and Infirmary. It later briefly housed Ottumwa Hospital while a new hospital was constructed on East Second and College Streets. It became the Glendon, a sort of combination hotel and apartment house, and was also referred to as the La Force House. The building, by then very dilapidated, was torn down in 1983. (David Longdo collection.)

Page No. 195 SCHEDULE 1.—Free Inhabitants, in Mullin Cauler Laure In the County of State of Long enumerated by me, on the 2nd day of Ligure 1880. C. Sulphants Marshall Franklin Post Office _ VALUE OF ESTATE OWNED. Whether deaf and dumb, blind, insane idiotic, pauper, or convict. White, black, or mulatto. The name of every person whose usual place of abode on the first day of June, 1860, was in this family. Value of Personal Estate. Value of Real Estate. Color, Sex. 11 19 13 14 8 5 7 3 nathaniel Hearland John Heaston 3 Whane Heaston 4 5/ Hohy Harden 200 6 Bartarin Hardman 7 Lavid Hasdenan ristation Hardman 20 110 9 brettaiduau 10 Usanali Hardina 11 rallarine Hardwa 12 Cobert Hardus 13 Jan AHarden 14 15 300 hankulker 16 17 # Caster 18 Caster 19 19 20 21 20 21 22 3 22 92 23 23 Manas A, Wills 94 24 25 26 27 21 21 25 5-86 25 26 2 27 28 Sloot Smith 23 24 29 230% 29 31 31 32 32 33 33 34 94 35 36 Virginia 36 37 mildon 37 38 46 96 35 39 39 Charles W. Handley 18 94 amiler 1900 No. idiotic, __ No. blind, No. white males, 2/ No. col No. insane, 67